

Abstract No. 1.2 Tuesday 5th September 2017 at 12:00-12:45

**Title: Come on!
Meaningful rehabilitation for people with acquired deafblindness**

Presenter: Kirsten Washuus, CFD, Denmark
Co-presenters: Else Marie Jensen

Main focus: Mainly practice, Acquired deafblindness

Abstract: CFD is the largest provider in Denmark of services for deaf, deafblind and hearing impaired people. From October 2015 and to March 2018 we are running a project for People with acquired deafblindness called "Come On!". We will have two courses for people between 25 – 65 years with acquired deafblindness. The first course will be with Danish as our language supported by loop, writing- or sign interpreter. The second course will be in Danish sign language. We have now finished the first course and in September 2017 we will have finished the second course.

The goal is to strengthen the participant's possibility to develop and strengthen own recognition in the life adjustment by ensuring:

- Improved knowledge about hearing and sight impairment and what acquired deafblindness could mean in life.
- Support in processing a demanding life adjustment
- Be part of finding the right assistive technology and support
- To acquire various coping strategies.

Method/approach:

The participants' will be visiting the following houses:

- AV – house

In this house you will find all about hearing, vision, assistive technology, and you'll begin working with you self. Take a look on your life and be aware of the situation you are in, and what it means for you and your family.

- Energy- house

In this house we will talk about how you can protect yourself, by recognize the lack of energy during a day, and how you can use ex mindfulness to get a balanced life, despite living with acquired deafblindness.

- Network –house

Here we will have a look at the communication in the family and other networks in the participants lives. We will talk about networking, how it can be one of the ways to cope with deafblindness.

We will together with the family, professionals in the acquired deafblindness area and a psychologist create- suitable houses for the rehabilitations program.